



The signs of grooming you may spot in a child

- **Behaviour change** - Anxious, depressed, withdrawn, angry or defiant
- **Gifts or freebies** - The child may not be able to explain why they have them
- **Isolation** - Groomers isolate a child, but a child may also pull away from friends, family, hobbies etc
- **Control and manipulation** - Child not acting with free will
- **Sexualised behaviour** - Sudden inappropriate language/actions
- **Risk taking** - Unable to see or acknowledge risks, such as meeting up/giving personal info
- **Secrecy** - Child may be told to keep relationship secret, but may also hide devices or content, or lock him/herself away in a room to avoid questions

*It is worth noting that some of these signs have other causes, but a selection of them seen together indicates grooming and that intervention is needed.

Where to go for help and advice



If you suspect that a child is being sexually exploited online



For information about online safety and reporting concerns



ONLINE,
ON THE PHONE,
ANYTIME
childline.org.uk
0800 1111

Wide-ranging advice for all ages, broken down by age group



common sense
media

Game and film reviews from parents AND children



Wide-ranging advice for all ages, broken down by age group



Online safety tips and advice



learn about it / talk about it / deal with it

Information on everything from setting up parental controls to online issues



Nude image of you online? We can help take it down.

Nude selfie online? Get it taken down here