



# Weekly Newsletter St Cuthbert's Catholic Primary School



Week ending 21st March 2025

Dear All

What a lovely sunny week! The children were delighted to be allowed onto the field this week and enjoy our amazing grounds.

The children had an assembly from Surrey Youth Games on Monday inviting them to join in free activities such as Judo, dance, tennis and girls football. This is a great offer to explore sport outside of school - please find further details below.

The Sports Crew held an impressive Sports Festival on Monday for Reception and Year 1. Our youngest children had a great time taking part in a range of activities set up by our Y5 children who led the event. The children received certificates in a ceremony at the end which was a great way to round off the experience.

Reception and Y5 had their buddy mass on Tuesday morning. This is a great opportunity for our older children to model the respectful behaviour expected in mass and support the EYFS children in taking part. Thank you to the parents who were able to attend.

St Cuthbert's Day on Thursday was packed with events and activities to mark an important day for our school. The KS2 mass was a lovely way to start day and the sunshine stayed with us as the children walked back to school to write prayers and poems about St Cuthbert, make bird feeders, take part in inter house sporting competitions and much more!

We celebrate the amazing mothers, aunts and grandmothers on MAGS day next Friday 28th. The children have some stunning performances to share in an assembly at 9am and then we welcome adults to come into classrooms to support the children in their learning until playtime at 10:30. The PTA are kindly providing refreshments in the studio as well - so please join us for what is always a lovely event.

Inspired by Jesus' healing of the man born blind, this week's Celebration of the Word assembly invites children to consider Jesus as the source of their joy during this Jubilee Year ahead of Laetare Sunday!

***'He said, "Lord, I believe", and he worshipped Him.'***

***John 9:38***

Have a lovely weekend.

Mrs Rainbow

***"We are a Catholic community, living and learning in faith. Through the Gospel values of faith, hope, trust and love, we aim to recognise individuality and enable each other to fulfil our potential"***

## The Week That Was

**Year R:** This week Reception have been learning about Palm Sunday. We listened to the story together and thought about how the people in the crowd must have felt when they saw Jesus. Then we wrote speech bubbles for some of the things they might have said. We also took part in our buddy mass with Year 5, all about hope. Thank you to those that joined us for our mass. We also celebrated St. Cuthbert's day this week and made bird feeders to hang in the trees, as we learnt that St Cuthbert was kind to animals, especially his cuddy ducks!

**Year 1:** Year 1 have had a very busy week this week. We have been learning about lent and what it is in RE. The children all made individual pledges as well as our whole class one; to remember our prayers every morning, lunchtime and afternoon. The children completed their very first NFER assessments. This was a very tricky thing as it involved a lot of resilience and independence but everybody did a wonderful job. The children also completed their independent big writes - non-chronological reports. They begun learning about acrostic poems. Well done Year 1 on a tricky week.

**Year 2:** Year 2 have been full of resilience, independence and pride this week while we have been completing our assessments and the Y2 team are extremely proud of them all. In RE this week the children delved even further into the last supper story and hot seated as Judas or Peter to gain a better understanding of what this time would have been like for Jesus and his disciples. On Thursday it was St. Cuthbert's day and the children watched an informative video explaining who St. Cuthbert was and why he is significant. We then created our own St. Cuthbert pictures and created prayers for the animals in the world. In History we examined key documents and looked at what they could tell us about our local heroes and why documents tell us so much about the past.

**Year 3:** Year 3 have been busy working hard with their assessments this week, alongside starting their new unit in Writing - diary entries. In Computing, we have been looking at understanding difference between open-ended and yes/no questions in our topic Branching Databases, grouping objects and categorising each item viewed. In Maths, we have started a new unit on Mass and Capacity, using scales to measure different items and compare these in our discussions.

**Year 4:** This week, Year 4 students have been working hard across their subjects! In Maths, they've been mastering fractions, confidently adding and subtracting them. In DT, they've been adding wheels and axes to their cars, learning about mechanics and design. History lessons took them back in time to experience life as a Roman soldier on Hadrian's Wall, while in Science, they explored how natural and manmade disasters affect environments and living things. English has seen some fantastic persuasive texts, where students crafted compelling arguments on different topics!

**Year 5:** In Year 5, the focus for RE was learning more about the conscience. The children wrote their own definitions of what this is. We also started looking at ideas of what they thought heaven and hell might be like. In Science, the children were learning about air resistance, as a type of friction. They planned an experiment about a spinner, and wrote instructions for 'the Ultimate Spinner!' In Geography, the class are exploring the alpine region of 'The Alps.' They have been looking at fold mountains and how houses are built in that region. The Maths unit about decimals, percentages and fractions has finished and the class will be starting a new unit based on perimeter and area.

**Year 6:** Another busy week in Year 6. This week in RE we looked at the Betrayal and arrest of Jesus in the Garden of Gethsemane. Using hot seating, we tried to imagine what the soldiers who arrested Jesus were thinking and feeling. We then used our Newspaper report writing skills to plan and write a Newspaper report about the events of that evening. In Computing we are learning how to format worksheets, and this week we looked at how we can change the kind of data that appears in a cell. Our DT topic this term is to make an automata toy. This week we spent our time measuring and cutting the wood we will need to build the frame for our toy.

## Fair Dojo Winners:

**F** faith

**A** appreciate and articulate

**I** independence and initiative

**R** respect and resilience

This weeks winner is **Kaia** in reception or always showing our FAIR values in everything she does.

This weeks dojo winner in year one is **Elliot** for always respectful and kind. Well done!

**Emily** in year two for always being a great role model for upholding school values and supporting others to do so.

**Jennifer** in year three for consistently showing all of the FAIR values in her learning and persevering through the assessments this week.

**Coralina** in year four for working hard in her writing and for coming up with some fantastic vocabulary choices!

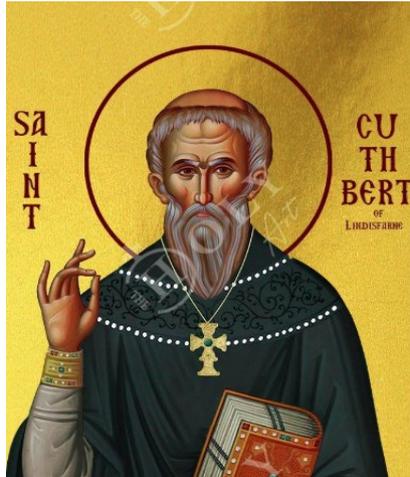
**Millie** in year five for the value of resilience and working through tricky questions, even when finding it hard. Well done!

**Fenton** in year six for showing great resilience.

## Upcoming Diary Dates:

- **Tuesday 25th March** - Xavier Science Fair (applicable parents have been emailed)
- **Tuesday 25th March** - Year 5/6 Girls Football Match at Home vs. Grovelands 3:30pm (selected team members have been emailed). No training on Thursday 27th March.
- **Wednesday 26th March** - Lenten Sales 1.30pm in school (donations via Scopay in exchange for PTA pounds to be spent)
- **Friday 28th March** - MAGS Day (9am Mass, classroom visits, followed by PTA refreshments in the studio until 10:30am)
- **Saturday 29th March** - Cross Country (applicable parents have been emailed)
- **Monday 31st March** - Year 4 Bikeability starts for three days
- **Tuesday 1st April** - Buddy Mass Years 2,3, & 4 (9am, parents welcome)
- **Wednesday 2nd April** - Year 2 class trip to Royal Holloway (details to be sent out next week)
- **Wednesday 2nd April** - Year 3 music performance lead by Mr Ellson, parents welcome to watch, 1pm in the school hall
- **Thursday 3rd April** - Stations Of The Cross (in school celebrations)
- **Friday 4th April** - Term finishes (1:15pm finish for all children, no after school club)

## St. Cuthbert's Day



Thursday 20th March marks St. Cuthbert's day. Please head to <https://www.stcuthberts.surrey.sch.uk/page/?title=St+Cuthbert+and+the+House+Saints&pid=148> to find out more about our school Saint.

KS2 celebrated Mass at the Church. The children read well, offered up the gifts respectfully and gave clear responses throughout the service. Thank you to Canon Chris for leading this.

KS1 didn't miss out on the celebrations, as back at school they watched a video to learn more about our Saint and then completed some fun activities all about him.

Children wore PE kits to school with their house T-shirts. This helped the children to recognise their house team mates on our day of celebration. Throughout the week, in PE, the children have had mini house competitions to earn house points. The results will be revealed next week...

**St Cecilia**

**St Bernadette**

**St Benedict**

**St Thomas**

# Healthy Lunchboxes

Here at St Cuthberts we are committed to our children eating as healthily as possible. We ask parents to please ensure no sweets or chocolate bars are put into children's lunchboxes.

Please remember we are a nut & sesame free school.

Here are some NHS tips:

## Lunchbox tips



### Keep them fuller for longer

Base the main lunchbox item on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.



### Freeze for variety

Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pittas and wraps, granary, wholemeal and multigrain.



### DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.



### Cut back on fat

Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches.

[See more healthier swap ideas](#)



### Mix your slices

If your child does not like wholegrain, try making a sandwich from 1 slice of white bread and 1 slice of brown bread.



### Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.



### Ever green

Always add salad to sandwiches and wraps too – it all counts towards your child's 5 A Day!



### Cheesy does it...

Cheese can be high in fat and salt, so choose stronger-tasting ones – and use less of it – or try reduced-fat varieties.



### Cut down on crisps

If your child really likes their crisps try reducing the number of times you include them in their lunchbox, and swap for homemade plain popcorn or plain rice cakes instead.



### Add bite-sized fruit

Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.



### Tinned fruit counts too

A small pot of tinned fruit in juice – not syrup – is perfect for a lunchbox and easily stored in the cupboard.



### Swap the fruit bars

Dried fruit like raisins, sultanas and dried apricots are not only cheaper than processed fruit bars and snacks but can be healthier too. Just remember to keep dried fruit to mealtimes as it can be bad for teeth.



### Switch the sweets

Swap cakes, chocolate, cereal bars and biscuits for malt loaf, fruited teacakes, fruit breads or fruit (fresh, dried or tinned – in juice not syrup).



### Yoghurts: go low-fat and lower-sugar

Pop in low-fat and lower-sugar yoghurts or fromage frais and add your own fruit.



### Get them involved

Get your kids involved in preparing and choosing what goes in their lunchbox. They are more likely to eat it if they helped make it.



### Variety is the spice of lunch!

Be adventurous and get creative to mix up what goes in their lunchbox. Keeping them guessing with healthier ideas will keep them interested and more open to trying things.



### Plan to Eatwell

The guide shows how much of what we eat overall should come from each food group to achieve a healthy, balanced diet. It can be really useful when thinking about what goes into kids' lunchboxes.

[The Eatwell Guide](#)

## World Book Day

Well done everyone for all of your fantastic world book day costumes! There were so many creative ideas and we had a brilliant day celebrating reading together. Throughout the morning the children all took part in drama workshops. The workshops were such an engaging and multi-sensory way to explore different stories which the children really enjoyed. Everyone then got to show off their costumes to the rest of the school in our parade, before heading off to our whole school story time. Each teacher presented their chosen book for story time and then the children chose which one they would like to go and listen to. Thank you everyone for all of your enthusiasm for world book day. I hope you have fun spending your book vouchers!

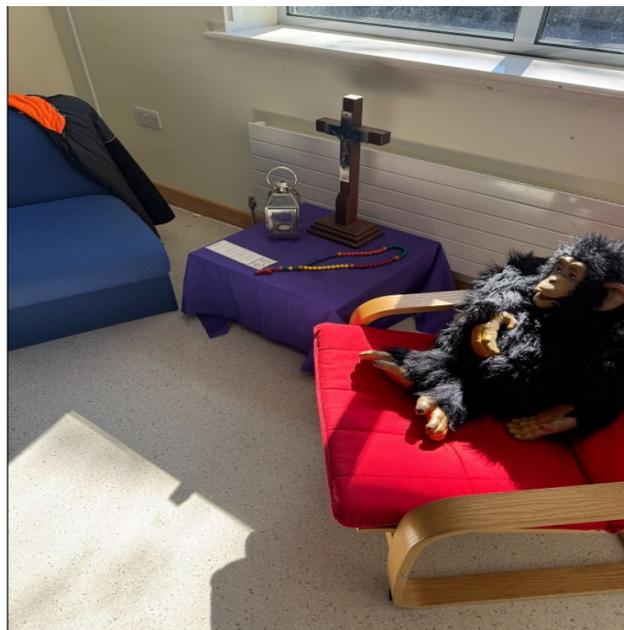
Miss Duckham

## EYFS and Y5 Buddy Mass

On Tuesday, EYFS and Y5 celebrated their first buddy Mass together. It was based on the theme of hope linking in with the Jubilee year. All children sat so beautifully and joined in with the responses well. A highlight of Mass was listening to the responses from EYFS.

## Reconciliation

Thank you to Canon Chris this week for ensuring every child in KS2 received an opportunity to attend reconciliation. This can be a lengthy process with 120 children to listen to but Canon Chris takes the time to hear and support every child as part of their Lenten journey. Even Charlie the Chimp tried to sneak in...



## Sports Crew Festival



On Monday afternoon, Sports Crew ran a mini festival for EYFS and Y1 children. The 10 children were so organised in their approach to this festival and organised everything themselves from the opening ceremony, group names and certificates...to the rotations, games to be played and even a 'toilet and drinks' break station.

The adults commented on how well the festival ran and how the Sports Crew demonstrated many qualities of a good leader. The children used the NEDD method for delivering each session. This is name, explain, demonstrate and deliver. This ensured that all children were clear on the rules and how they should participate in the activities.

This festival goes towards part of their Silver award. We hope the children will complete all of the steps necessary to complete this before the end of the Easter term.



## Wrap Around Care

Get ready for some egg-citing fun! Next **Thursday (27th March)** in After School Club, Miss Hopwood and Miss Penrose are hosting a festive Easter Egg Hunt filled with surprises and sweet treats. As well as this, the children will have an opportunity to decorate their own bag to collect their eggs in before the hunt!



The children loved Movie Night this week! They all looked so amazing in their pj's. Lots of popcorn was eaten!



# PTA

## PTA Spring/Summer Events Timetable

### MAGs Day

Friday 28th  
March

Come into school to  
celebrate all our  
wonderful women!

### BUDs Day

Friday 13th  
June

Come into school to  
celebrate all our  
marvellous men!

### Sports Day

Tuesday 24th June

Our wonderful PTA reps  
will be serving  
refreshments while you  
cheer on the kiddos!

We are still looking  
for candidates to  
be our new PTA  
chair! If you  
would like more  
info then please  
drop us an email!

For more info on  
our fundraising  
events please see  
the PTA Page on  
the school website  
and follow us on  
social media



St Cuthbert's School Association  
@stcuthbertsptaenglefieldgreen

# Easter Holiday Activities

## Learn to Weave

8th April

11am-12:30pm or 2-3:30pm

Learn to weave by creating a saddle blanket on a cardboard llama.

Cost: £4

## Make a Pocket Play Set

10th April

11am-12pm or 2-3pm

Use card and felt to create a mini teddy and a mini home for it in a small metal tin.

Cost: £4

## Bunny Bunting

15th April

11am-12pm and 2-3pm

Make spring bunting!

Cost: £4

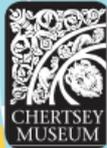
## Cup and Ball Toy

17th April

11-11:45am or 2-2:45pm

Create a traditional cup and ball toy and decorate it like a spring chicken.

Cost: £3



BOOKING IS ESSENTIAL FOR ALL ACTIVITIES

Activities for ages 6-12 (5 year olds with parent)  
- <https://chertsey-museum.arttickets.org.uk/>

[www.chertseymuseum.org/events](http://www.chertseymuseum.org/events)

Call 01932 565764 to book your place

The Olive Matthews  
COLLECTION

Runnymede  
BOROUGH COUNCIL



For All  
The  
Family

1st Saturday  
of the month  
1.30pm-3.30pm

# Museum Makes

Join us for a fun family craft activity where imagination meets history in a hands-on experience for all ages!



FREE  
DROP IN  
SESSION



Chertsey Museum, 33 Windsor Street, Chertsey KT16 8AT  
[chertseymuseum.org](http://chertseymuseum.org)

Runnymede  
BOROUGH COUNCIL



## Want to represent Runnymede?

Are you 7 to 16 years old? Do you live, or go to school in Runnymede? If Yes, you can enjoy a minimum of 6 weeks of free coaching across six activities as part of the Surrey Community Games 2025!



All sessions are run by qualified coaches and are a safe and fun way to try activities, get fit and meet new friends. By taking part, you'll be representing Runnymede at our Community Games Day across June 2025. Visit our website for more information around the Games Days.

Register at: [www.runnymede.gov.uk/SCG](http://www.runnymede.gov.uk/SCG)



Registration opens 1 April 2025



Any questions please email [sport@runnymede.gov.uk](mailto:sport@runnymede.gov.uk) or call 01932 425677

	<p><b>Dance – Susan Roberts Academy – ADDLESTONE</b> School Years 3-8 Starts Saturday 26 April, 2:00 – 3:00pm Addlestone Community Centre, Garfield Rd, Addlestone KT15 2NJ</p>
	<p><b>Boys Judo – Core Judo - THORPE</b> Ages 8-12 Starts Saturday 26 April, 3:30 – 4:20pm The Core Dojo, Green Rd, Virginia Water, Egham TW20 8QL</p>
	<p><b>Girls Judo – Core Judo - THORPE</b> Ages 8-12 Starts Saturday 26 April, 4:30 – 5:30pm The Core Dojo, Green Rd, Virginia Water, Egham TW20 8QL</p>
	<p><b>Girls Cricket with Chertsey Cricket Club – CHERTSEY</b> School Years 7- 11 Monday 28 April, 6:00pm – 7:30pm Sir Edward Stern Sports Ground, Grove Rd, Chertsey KT16 9DL</p>
	<p><b>Boxing with Egham boxing Club – EGHAM</b> School Years 8-11 Starts Tuesday 13 May, 5:00 – 6 :00pm Manorcroft Primary School, Wesley Dr, Egham TW20 9LX</p>
	<p><b>Girls Football – TA Sports Coaching – ADDLESTONE</b> School Years 4-6 Starts Saturday 17 May, 10:30 – 11:30am Abbey Rangers FC, Addlestone Moor, Addlestone KT15 2QH</p>
	<p><b>Tennis – Spelthorne Tennis Community Centre – ASHFORD</b> School Years 3-4 Starts Thursday 22 May, 4:30 – 5:15pm Fordbridge Park, Kingston Rd, Staines-upon-Thames, Ashford TW15 3SJ</p>

# IMPACT ATHLETIC CLUB

## SUMMER TERM 2025

Impact Athletic Club is the fastest-growing and friendliest athletics club in the area. Dedicated to nurturing young talent and fostering a lifelong passion for athletics and running, we take an athlete-centered approach, offering high-quality, fun and engaging training sessions. We are an England Athletics accredited club with sessions led by fully qualified and experienced coaches.

### Weekly and holiday training sessions held at:

- Cleves School, Weybridge
- St George's College, Weybridge
- Cedars Park, Sunbury
- Notre Dame School, Cobham

### Sessions include:

- Running club
- Track and Field Athletics Sessions
- Sportshall Athletics
- Speed and Agility
- Strength and Conditioning

**Open to Athletes in Years 3 to 10**

**FREE TRIAL SESSION - ENQUIRE NOW!**



[WWW.IMPACTATHLETICCLUB.CO.UK](http://WWW.IMPACTATHLETICCLUB.CO.UK)



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out more

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