



Living & Learning in Faith

*"We are a Catholic community, living and learning in faith.  
Through the Gospel values of faith, hope, trust and love,  
we aim to recognise individuality and enable each other to fulfil our potential"*

## St Cuthbert's Catholic Primary School PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE 1	Gymnastics 1	Introduction to PE 2	Gymnastics 2	Games 1	Games 2
	Fundamentals	Dance 1	Fundamentals 2	Dance 2	Ball Skills 1	Ball Skills 2
Year 1	Fundamentals	Dance	Gymnastics	Target Games	Athletics	Invasion
	Team building	Ball Skills	Fitness	Sending and receiving	Net and wall games	Striking and fielding
Year 2	Fundamentals	Dance	Gymnastics	Target Games	Athletics	Invasion
	Team Building	Ball Skills	Fitness	Sending and receiving	Net and wall games	Striking and fielding
Year 3	Fitness	Gymnastics	Dance	Ball Skills	Athletics	Rounders
	Fundamentals	Football	OAA	Tag Rugby	Swimming	Swimming
Year 4	Fitness	Gymnastics	Dance	Ball Skills	Athletics	Rounders
	Fundamentals	Football	OAA	Tag Rugby	Tennis	Parkour
Year 5	Fitness	Gymnastics	Dance	Basketball	Athletics	Rounders
	Dodgeball	Football	OAA	Tag Rugby	Tennis	Parkour
Year 6	Fitness	Gymnastics	Dance	Basketball	Athletics	Swimming for those who cannot swim 25m.
	Dodgeball	Football	OAA	Tag Rugby	Tennis	Swimming for those who cannot swim 25m.



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### Sports Calendar of events (competitions and enrichments)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Football Cup League – girls and boys  PGL-Y6	ERPSSA Football League – boys and girls  Sports Crew training  Y5/6 girls football tournament  Y6 Football tournament – Boys  Charity Fun Run	Panathalon  High Ashurst Hi5 Netball league games  Dodgeball Hi5 Netball league games  Dodgeball – girls Y5/6  Cross Country  Hockey skills festival Y1/2	Sports Crew festival EYFS and Y1  Sports Crew Silver Award achieved  Y5 Boys football tournament	Sportability (SEN)  A1 inclusive multisport	House competitions  District athletics  Cricket at St. John's Y3  Sports Day

### Sports Club Offer