



**Weekly Newsletter**  
**St Cuthbert's Catholic Primary School**



Week ending 1st May 2026

Dear All

We have had a busy week with a group of Salesian students joining us for their work experience. It was lovely to see so many past pupils return to support our children in their learning.

The Year 1 assembly yesterday was amazing! The children spoke and sang with confidence and enjoyed sharing their learning thoroughly. The range of songs they sang to help them remember different concepts will be playing in my head for a while!

I have sent out a survey to parents and would really appreciate your views. We are always trying to improve St Cuthbert's in order to give best to our pupils and value your input.

We are looking for people to work in our wraparound care - for our breakfast and after school club. This is a great opportunity for any young people (older siblings possibly) who would like a few shifts working with our wonderful children - please spread the word and contact the office if you hear of any interest.

In this week's Gospel, the disciples were looking for God the Father. Little did they realise that God was standing right in front of them in human form, through the person of Jesus. This week we will be relating to God on a personal level through the person of Jesus Christ.

***"I am the Way, the Truth and the Life."***

***John 14:6***

Have a lovely long weekend!

Mrs Rainbow

***"We are a Catholic community, living and learning in faith. Through the Gospel values of faith, hope, trust and love, we aim to recognise individuality and enable each other to fulfil our potential"***

## Fair Dojo Winners:

**F** faith

**A** appreciate and articulate

**I** independence and initiative

**R** respect and resilience

**Ava** in Reception for fantastic independent writing in her letter to the dinosaur. Well done for using your Fred talk Ava!

**Year 1** - For their commitment, articulation and enthusiasm when practicing and delivering a fantastic liturgy.

**Tiger** in Year 2 for being able to confidently articulate her ideas in class.

**Grace** in Year 3 for showing increased initiative, improved focus in lessons, and developing independence in the classroom.

**Okatakyie** in Year 4 for being an independent learner who uses her initiative in all subjects and tackles challenges with confidence.

**Rosie** in Year 5 for always looking after her schoolbooks, presenting her work beautifully, and showing our FAIR values every day. She is a wonderful role model and always tries her best. Well done Rosie!

**Alexander** In Year 6 for being very articulate when answering guided reading questions.



## The Week That Was - KS1

**EYFS:** This week, Reception have been learning all about when Jesus sent the Holy Spirit. We enjoyed hearing about the flames and the windstorm that appeared in the story. We made our own flame pictures, experimented with kites and bubbles to see if we could feel the wind and learned how to say Jesus loves you in lots of different languages. In Literacy we read the story "Dear Dinosaur" about a little boy that writes letters to a T-rex in a dinosaur museum. We wrote our own letters to a dinosaur asking him questions we wanted the answers to. In Maths we have been learning about numbers to 20 and exploring one more and one less with numbers beyond 10.

**Year 1:** We have had a very busy and exciting week in Year 1. The children have been practising diligently for our class liturgy, putting in a tremendous amount of effort throughout the week. This hard work culminated in a wonderful performance on Thursday, and we are incredibly proud of each and every one of them. In RE, we have been learning about the Road to Emmaus. The children enjoyed reenacting the scripture and have also been practising the words of the *Glory Be* prayer. In Geography, we learned all about the red panda, exploring its habitat and the types of food it likes to eat. In English, the children have begun writing a newspaper article independently as part of their Big Write, which they will continue working on over the coming weeks. Well done, Year 1, for your hard work and enthusiasm! We hope you all enjoy a restful long weekend.

**Year 2:** Year 2 have been learning about Saul this week in RE and got to recreate the scripture by acting it out to show their knowledge and understanding of the scripture. The children created beautiful pieces. In English this week we have started learning about Newspapers and understanding what they are and what they talk about. In Math's we have been carrying on fractions this week with the children being able to count in fractions up to a whole. They have worked really hard this week. In Geography we had a look at mountains around the world and labelled them on a map so the children could see where they were visually. This week in Art was a bit of a messy one as we got the clay out to make clay houses we have made the first part of our houses and the children seemed to really enjoy the task and were very resilient trying to mold the clay as it was quite tricky. The children have had another amazing week! Well done Year 2!

## The Week That Was - KS2

**Year 3:** This week in Year 3 has been packed with hands-on learning and excitement! In RE, we explored the scripture from *Acts 1:12–14*, learning about Matthias replacing Judas and reflecting on how the disciples and Mary may have felt after Jesus' Ascension. We worked together to understand how different writing styles in the Bible help convey meaning and emotion, and how these messages still guide and impact us today. In DT, we had great fun cooking a seasonal tart, carefully cutting, peeling, and layering ingredients before proudly evaluating our work by tasting the final result! Our swimming sessions at St Jude's continued to build confidence as we practised different techniques within our groups. In Maths, we completed our Fractions unit and began learning about money, discussing the importance of recognising pounds and pence and understanding their value in everyday life. Meanwhile, in Art, we collaborated on crafts and designs, enhancing our patterns as planned and enjoying a gallery walk to admire everyone's finished pieces. It's been a fantastic week full of practical activities, teamwork, and lots of fun!

**Year 4:** In RE, we explored the story of Peter and its meaning for Christians today, shared and listened to ideas, reflected on artistic images of Mary as Queen of Heaven, and made links between Peter's authority and events at the empty tomb. In English, they planned and wrote their own diary entries about the residential trip. In Maths, learning continued on decimals, dividing by 10 and 100 and making a whole alongside working hard to learn and practise times tables - keep up the great work. In RSE, pupils discussed how adverts can influence spending. In Geography, they researched recent volcanoes and located five on a world map, and in Art, they created abstract animal drawings.

## The Week That Was - KS2

**Year 5:** This week the class have learnt more about the Sacrament of Confirmation, more specifically about the Chrism oil and how it is a bridge between earth and heaven. The class were fortunate to have work experience students present for an RE lesson who explained about their journey to making their confirmation. The children asked thoughtful questions such as 'who is your sponsor?' and 'which saints name have you taken?' In English, it is BIG write week. I am looking forward to reading the instructional writing that will hopefully including imperative verbs, modal verbs as well as additional top tips and advice for the person following the instructions. Maths has been fun this week as the children have been learning how to use a protractor. Learning about vector graphics has continued in Computing. The class are really enjoying using Google Draw and have done very well with learning how to login to this system. RSE and Citizenship started this week, and the children are looking at the importance of them in the community - how they can contribute and where they fit in.

**Year 6:** This week in Year 6, learning has been rich and purposeful across the curriculum. In RE, we have been reflecting on the gifts we are given that help us to believe in the Good News. The children explored the evidence for Jesus' resurrection using scripture, discussing how faith is supported through different sources and experiences.

In Geography, Year 6 carried out local fieldwork by walking around Englefield Green. They carefully observed the area, considering what they feel should be preserved for the future and what could be improved. The children shared insightful ideas about sustainability, community needs and change.

In English, our focus has been on newspaper reports. To bring this learning to life, we wrote a newspaper report about our Year 6 football team's league final victory, applying journalistic language, clear structure and a formal tone. Another busy week, well done Year 6!

## Diary Dates—Summer Term 1

<b>Year 5 Class Assembly</b>	9.00am, Thursday, 7th May 2026
<b>SATS week for Year 6</b>	w/c Monday, 11th May 2026
<b>Themed Lunch—Day at the Seaside</b> <b>(Parents to book direct via SchoolGrid)</b>	Friday, 15th May 2026
<b>Choral Afternoon at St Dunstan's - Choristers only</b>	Wednesday, 20th May 2026
<b>Year 2 Class Assembly</b>	9.00am, Thursday, 21st May 2026
<b>Marion Procession</b>	Friday, 22 May 2026
<b>Half Term</b>	Monday, 25th—Friday, 29th June 2026



## PTA-Events



### **Ice Lolly Sales after school:**

Friday 8<sup>th</sup> May – Year 6

Friday 15<sup>th</sup> May – Year 5

Friday 22<sup>nd</sup> May – Year 4

Friday 5<sup>th</sup> June - Year 3

Friday 12<sup>th</sup> June – year2

Friday 19<sup>th</sup> June – Year 1

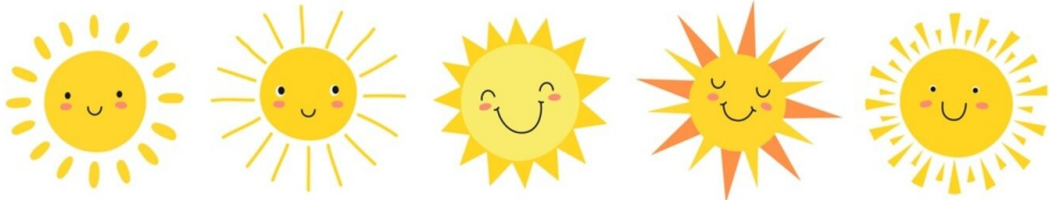
Friday 26<sup>th</sup> June – Reception

Friday 3<sup>rd</sup> July – Volunteers needed

Friday 10<sup>th</sup> July – Volunteers needed



### **Englefield Green village fair – 20<sup>th</sup> June**



## Lost Property



We have un-named school jumpers and cardigans in the lost property basket.  
Please come to the main office to check if you are missing these items.

Additionally, this little ballerina bunny was found outside the school gates on Monday.

Is anyone missing her?



## Month of May—Celebrating Our Lady



The Month of May celebrates our Lady, Mary. To recognise Mary as an important person in Jesus' life, we have several traditions that we uphold;

- Rosary prayers. We pray the Rosary every day and children are invited to bring in their own Rosary beads. We do, however, have full class sets and provide these in class. We ask that Rosary beads brought in are labelled and with anything brought into school you understand the risk of it being lost, broken and stolen.
- Break time prayers. Our prayer leaders lead the Rosary group every Friday in the KS1 and KS2 playgrounds. The leaders attend formation training so they are well equipped to be able to confidently lead on these important prayers.
- Flower donations. Each week, different classes bring in flowers for adorn our altar. This brings so much joy and colour to the hall. These can be fresh flowers, potted plants or your Holy Souls bulb that was given out in November. It would be wonderful to see as many spring time bulbs as possible to complete the cycle of new life - the message that was given out with the Holy Souls bulbs.  
Please see the rota below for when to bring flowers in.

W/c: Tuesday 4th May	EYFS and Year 6	Y3
W/c: Monday 11th May	Y1	Y4
W/c: Monday 18th May	Y2	Y5

## Parish of Weybridge



Download the latest newsletter here:

<https://poegham.wordpress.com/category/newsletters/>

### ASSUMPTION OF OUR LADY – PARISH NEWS ...

We continue to celebrate the resurrection of Jesus and encourage all families to join us (or their nearest church) for the weekend Masses, during this joyful season.

**This weekend** in the parish we look forward to welcoming the First Holy Communion Children and their families to any of the three Masses to look at their next theme and celebrate “Good Shepherd Sunday”. All Masses will be child friendly.

**Monday May 4th** is a bank-holiday and the **Feast of the English Martyrs** who gave their lives for us. Pope Leo has asked all faith communities to set aside a special time of **prayer for “peace in our world”**. We have a special Mass at **10am in the Assumption of our Lady** and encourage all families to attend if they are free.

**Ascension Thursday** is on May 14th. We will hold a special Vigil Mass at 6pm for all families and parishioners. That will be **May 13th – 6pm – Assumption of our Lady**. We hope to be joined by many of our families at this Mass.

I pray for all from the school who will be receiving their **First Holy Communion** this year (**6th and 7th June**). I am greatly looking forward to celebrating with you and will say more about this when I see you this weekend.

This is an exciting term and one when many prepare for their transition to secondary school. I will keep you all in prayer; and ask you to pray for me - especially as “Good Shepherd Sunday” is traditionally a time to pray for vocations and for our priests!

*With my continued good wishes and prayers.*

**Canon Chris**

The Catholic Diocese of Arundel & Brighton |  
01784 434280 |  
chris.spain@abdiocese.org.uk | www.abdiocese.org.uk

# Wake Up Wednesday:

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, news and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## 10 Top Tips for Parents and Educators DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

### 1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

### 2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

### 3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night. It's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

### 4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

### 5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

### 6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Being something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

### 7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

### 8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes; not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

### 9 PARENTAL SUPPORT

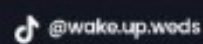
Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

### 10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

## Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gilbert – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.03.2024

PTA:

St Cuthbert's School Association



# Tesco Blue Tokens!



Vote for Our School!

We've been chosen for the Tesco Stronger Starts Programme!



Help us to fundraise for the redevelopment of the KS2 Playground



Pick up a BLUE TOKEN when you shop at Tesco in EGHAM & STAINES

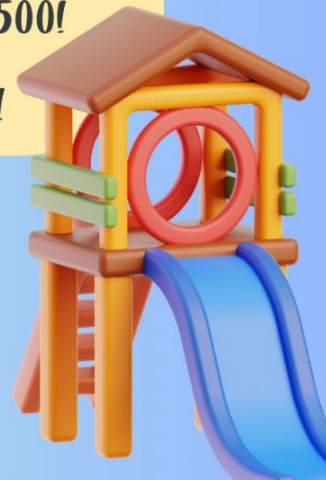
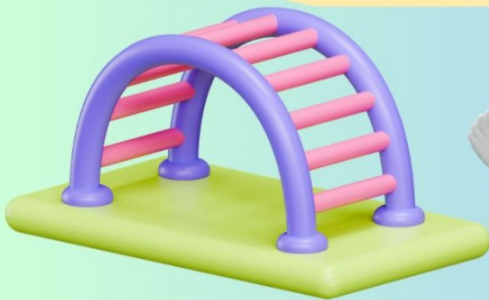


Vote for our school in store



Every vote brings us closer to £1,500!

Thank you for your support!



**TESCO**

## Flyers:



# MAY FOOTBALL CAMPS

FROM 26 MAY - 30 MAY  
ESHER COLLEGE  
COBHAM RUGBY CLUB  
JUBILEE HIGH

**BOOK NOW . BOOK NOW . BOOK NOW . BOOK NOW .**



## FOOTBALL CAMP

COBHAM RUGBY CLUB | 26 - 29 MAY  
ESHER COLLEGE & JUBILEE HIGH | 26 - 28 MAY



## GIRLS TRAINING CAMP

ESHER COLLEGE | 26 - 28 MAY



## KEEPER CAMP

COBHAM RUGBY CLUB | 26 - 28 MAY

[PLATFORMSPORTSCOACHING.CO.UK](http://PLATFORMSPORTSCOACHING.CO.UK)



## Flyers:

**Our Planet  
Our Future**

**Book Online**  
**26<sup>th</sup> / 27<sup>th</sup>  
28<sup>th</sup> / 29<sup>th</sup>  
May 2026**

**Weybridge | St Georges Junior School  
Staines | Staines Preparatory School**

**Reducing Waste**      **Caring for our planet**

Children will take part in hands-on multi-activity play that inspire them to care for themselves, each other, and the planet. Together, we'll learn how small actions can make a big difference for our future.

**Creative**      **STEM**      **Play!**      **Cooking**      **Active**

Children are grouped by age to make sure every activity is tailored to their stage of development.

If your child has any medical, dietary, or SEND needs, please let us know beforehand so we can ensure the best experience for all children.

Our provision is child led - children choose what they take part in and explore their own interests.

**01753 251077**

**Bookings Open!**

**Early Years**  
age 3+

Flyers:

**GO** PADDLEBOARDING  
ADVENTURES

# May Half Term Paddleboarding Camp

Silverwing Lake, Wraysbury, TW19 5BY

**£45**  
per day  
9-3pm



**26 - 29th**  
May 2026  
half-term

**For age 8 -16 years**

Learn to paddleboard ★ Team challenges ★ Fun and games

★ Run by Paul Davies BCAB Paddle UK Coach ★



**BOOKING OPEN NOW!**

**[www.gopaddleboardingadventures.com](http://www.gopaddleboardingadventures.com)**

## Flyers:

# MAY HALF TERM JUDO CAMP

SUITABLE FOR AGES 6-13 YEARS OLD

The  
dōjō

27<sup>TH</sup> - 29<sup>TH</sup> MAY 2026

### TIME:

Camp runs from 10:00 - 16:00  
Early drop off from 09:00am  
Late pick up until 16.45pm

### VENUE:

The Dojo, Green Road, Thorpe Green,  
Surrey, TW20 8QL

### Cost:

£95.00 for full camp or £40 per day  
10% Sibling discount offer

Coaches: Great Britain Internationals  
and the Core Judo coaching team.



SIGN UP DETAILS  
SCAN QR CODE



## Flyers:



*Salesian School*   
*Coffee Morning*

Part of our 2026 transition and a great opportunity to speak with the SEND team.

**Where**  
Salesian School

**When**  
Tuesday 19<sup>th</sup> May 2026, 9:30 - 11am

**Parking**  
Please note we kindly ask you to park offsite, in the surrounding areas. Please be mindful of our neighbours.

**SUSTAINING EXCELLENCE**  
**BUILDING THE KINGDOM**

## Flyers:



### May Half-term Holiday Activities

**Lighthouse-Style Bird House**  
26 May 2026  
Assemble and decorate a wooden bird house shaped like a lighthouse.  
11am-12pm or 2pm-3pm  
Cost: £4.50  
Booking is essential  
Age: 6-12 (5 year olds with adult)

**Weave a Bowl**  
28 May 2026  
Learn to weave with recycled fabrics and create a woven bowl.  
11am-12pm or 2pm-3pm  
Cost: £3.50  
Booking is essential  
Age: 7-12 (6 year olds with adult)

To book: <https://www.zeffy.com/en-GB/organizations/friends-of-chertsey-museum>  
Or phone: 01932 565 764



[www.chertseymuseum.org/events](http://www.chertseymuseum.org/events)  
Call 01932 565764 to book your place





**For All  
The  
Family**

**1st Saturday  
of the month  
1.30pm-3.30pm**

# Museum Makes

Join us for a fun family craft activity where imagination meets history in a hands-on experience for all ages!



**FREE  
DROP IN  
SESSION**



Chertsey Museum, 33 Windsor Street, Chertsey KT16 8AT  
[chertseymuseum.org](http://chertseymuseum.org)



# Flyers:



## RETURNING FOR MAY


WE ACCEPT CHILDCARE VOUCHER PAYMENTS REGISTERED

**SAME GREAT EXPERIENCE - BETTER VALUE  
YOUR WAY, EVERY DAY**



**26<sup>th</sup> - 29<sup>th</sup> May**



**MANORCROFT PRIMARY SCHOOL  
TW20 9LX**



**3 SPORTS EACH DAY**



**6 SESSIONS**



**OVER 20  
SPORTS  
SESSIONS IN 1  
WEEK!**

SCAN ME






**9am-4pm**  
Early Birds 8:15  
Late Party 6pm



**3 XT ACTIVITIES**

**3 XT CRAFTS**


**6 SESSIONS**




**OVER 40 XT  
SESSIONS IN 1  
WEEK!**





[WWW.ACTIVESPORT.CO.UK](http://WWW.ACTIVESPORT.CO.UK)  
OR  
[WWW.XTCLUB.CO.UK](http://WWW.XTCLUB.CO.UK)






















**ENJOY  
MAY**





Early Drop Off from 8:15am

	Monday	Tuesday	Wednesday	Thursday	Friday
	Registration, Welcome, Rules & select your first two activity sessions, you can change halfway through or stay for part 2!				
<b>9:00 - 9:30</b>   <p>First Activities</p>	Closed	Playground Games	Board Games	Colouring/Painting	Toy Chest 
<b>11:00 - 11:15</b>   <p>Half Way Activities</p>	Closed	Inflatable Fun	Parachute Games	Axe Throwing	Darts 
<b>12:45 - 13:45</b>   <p>Final Activities</p>	Closed	Cricket/Rounders	Gymnastics	Hockey	Gymnastics
	Snack Time & select your next two activities, you can change halfway through or stay for part 2!				
<b>15:45 - 16:00</b>  <p>Awards </p>	Closed	Toy Chest 	Arts & Crafts 	Lego	Arts & Crafts 
<b>16:00 - 18:00</b>  <p>Dismissal &amp; Xtra Time Activities</p>	Closed	Nerf 	Inflatable Fun	Dodgeball	Nerf 
<b>16:00 - 18:00</b>  <p>Dismissal &amp; Xtra Time Activities</p>	Closed	Putting Green 	Football	Benchball	Golf Course
	Lunch Time & select your final two activities, you can change halfway through or stay for part 2!				
<b>16:00 - 18:00</b>  <p>Dismissal &amp; Xtra Time Activities</p>	Closed	Arts & Crafts 	Arts & Crafts 	Arts & Crafts 	Arts & Crafts 
<b>16:00 - 18:00</b>  <p>Dismissal &amp; Xtra Time Activities</p>	Closed	Arcade	Darts 	Inflatable Fun	Inflatable Fun
<b>16:00 - 18:00</b>  <p>Dismissal &amp; Xtra Time Activities</p>	Closed	Dodgeball	Tennis	Driving Range	Football