



Weekly Newsletter St Cuthbert's Catholic Primary School

Week ending 18th September 2026



Dear All

Some of our Reception children have been brave enough to walk into their classroom alone this week. They are settling so well into school life and the rest of our pupils have welcomed them so beautifully. We are asking all the children to try to leave their parents at the red gate next week to encourage their independence. Thank you in advance for your support.

Badges of responsibility were awarded today! It is such a joy to gather together our new Pupil Parliament and give them a voice in our school. We now have House Captains, Sports Crew, School Council, Eco-Warriors, Librarians, Peer Mediators, Prayer Leaders and Well Being Ambassadors will be selected and trained next week.

Next Friday morning we have our MacMillan Coffee Morning after drop-off in the studio. We would love to see any family members who can make it for some coffee and cake!

In this coming week, the children will explore Jesus' parable of the workers in the vineyard and reflect on the meaning of fairness. They will discover that whilst we may not always understand God's ways, we can trust that He is more generous and just than we can imagine.

'Am I not allowed to do what I choose with what belongs to me? Or do you begrudge my generosity?' So the last will be first, and the first last.'

Matthew 20:15-16

Have a lovely weekend.

Mrs Rainbow

*"We are a Catholic community, living and learning in faith. Through the Gospel values of faith, hope, trust and love,
we aim to recognise individuality and enable each other to fulfil our potential"*

Fair Dojo Winners:

F **faith**

A **appreciate** and **articulate**

I **independence** and **initiative**

R **respect** and **resilience**

Joshua in Reception for being an independent learner, showing fantastic focus and effort in learning this week.

Joseph S in Year 1 for adapting so well to the year 1 routines and becoming more independent. Well done!

Elliot in Year 2 for being respectful in class by always listening to those around him.

Nyameaye in Year 3 for showing great resilience in her learning this week.

Mackenzie in Year 4 for using her initiative and manipulatives independently in Maths to further her understanding.

Roman in Year 5 for the value of respect for his handwriting and presentation.

Isabella W in Year 6 for being an excellent role model for the class, always putting her hand up and sharing brilliant ideas, and completing her work to the best of her ability all the time.



The Week That Was - KS1

EYFS: This week in Reception, we have had a fantastic start to our learning journey together! In RE, we learned about how God made each of us special and unique. We listened to the story *God's Very Good Idea* and discussed how everyone is different and valued. We then made a "Things I Love Soup", sharing the people, places and activities that are important to us. In Phonics, we began our Read Write Inc. learning. We explored our first sounds, practised careful listening, joined in with fun oral blending activities, and started developing the skills needed for early reading and writing. The children showed great enthusiasm as they learned new routines and participated confidently in phonics sessions. In Maths, we have been learning about numbers and counting. We used 5-frames and cubes to represent numbers and show our understanding of quantity. The children practised careful counting, matching numbers to amounts, and explaining their mathematical thinking. In Understanding the World, we became historians! We explored baby photographs of our teachers and classmates and played an exciting game of "Guess Who?". We discussed how people change as they grow from babies to toddlers and then to 4 and 5-year-olds, noticing similarities and differences over time. Our story focus this week was *We're Going on a Bear Hunt*. The children loved retelling the story using props and actions. We even created a cave outdoors and went on our own bear hunt adventure! The children also drew different parts of the journey to demonstrate their understanding and recall of the story. We finished the week with a wonderful Outdoor Learning afternoon. The children created self-portraits using natural materials, explored our special outdoor learning space, climbed, jumped, balanced and enjoyed listening to stories together in the fresh air. What a brilliant week of learning, exploration and fun! We are so proud of how well the children have settled into Reception.

EYFS Learning:

- Key words for *We're Going on a bear Hunt* - **grass, river, mud, snowstorm, forest, cave**
- QR codes for this week's Read Write Inc. sounds: m, a, s, d and t.

Set 1 - m



s



t



a



d



The Week That Was - KS1

Year 1: What a productive week we have had in Year 1! In RE, we have been learning about Creation and how God created the world and everything in it. We enjoyed an awe and wonder walk, where we took time to observe and appreciate the wonderful things God has created for us. In Science, we have been learning about the weather and made our very own weather station, including a rain gauge. In English, we have started learning about adjectives. The children have been developing their 2A sentences, which include two adjectives to make their writing more interesting and descriptive. In Maths, we have been learning about greater than and less than and practising how to compare numbers. In Computing, we have been exploring a paint program and investigating its different features. The children have enjoyed experimenting and creating their own digital artwork.

It has been a very productive week. Well done, Year 1! We are so proud of all your hard work and enthusiasm.

Year 2: Year 2 have been further looking at the Noah's Ark scripture this week and understanding the meaning behind it in class discussions. In English the children have been working so hard and we have been writing our guided write on Noah's Ark following our RE unit. In Maths we have been estimating and locating numbers on a number line. In Science we have been looking at materials and figuring out what different properties materials have. The children have worked so hard again this week and getting back into routine. Well done Year 2 keep up the good work!

The Week That Was - KS2

Year 3: This week in Year 3, we have been working incredibly hard across all our subjects and really getting stuck into our new learning! In RE, we revisited our Year 2 learning about Imago Dei, meaning that we are all made in the image of God, and linked this to the Catholic Social Teaching principle of Human Dignity, thinking about how God calls us to respect, value and show love to one another. In Art, we built on our first lesson by enlarging our animal drawings, spotting the 2D shapes within our sketches and experimenting with charcoal as a new medium as we work towards creating our own prehistoric art. In Geography, we travelled to the Polar regions through our learning, exploring the different flora and fauna found there and comparing their cold climates with our own temperate climate. Finally, in Computing, we explored the difference between digital and non-digital devices and investigated how digital devices work through input, processing and output.

Year 4: This week has been full of wonderful learning across Year 4! In English, we have been busy writing our very own adventure stories, exploring different writing tools to structure our sentences and make our work truly exciting and vivid. In Maths, we continued building our understanding of place value, strengthening our confidence with larger numbers. Science took us deep into the world of particles - we investigated how solids, liquids and gases behave, and what happens when they are heated or cooled. In RE, we learned about the story of Abraham and explored Mesopotamia, the fascinating "land between two rivers." Over in Geography, we studied South America and practised using atlases to locate major cities on maps. Our RSE lessons focused on respecting others and making thoughtful, positive choices in different situations. We also updated our Word Millionaire chart this week, celebrating where we are on our reading journey and setting our sights on climbing even higher!

The Week That Was - KS2

Year 5: This week, the children looked at the second part of Exodus in which they learnt more about the receiving of the Ten Commandments. The children chose their method of retelling the story, which most chose to use role play. It was a pleasure to watch the videos back on Seesaw to see how well the children used religious vocabulary. In Maths, the class are looking at numbers up to 1,000,000, more specifically understanding how to work out a number line to this amount, as well as order and compare numbers up to this value. English this week brought a new unit based on formal letter writing. The class analysed a text and were able to pick about specific grammatical features such as relative clauses and modal verbs. Art continued with multimedia portraits and in Geography the class are looking at continual change within areas. This week, the focus was on the Elizabeth Stadium and the changes it brought to the area for the 2012 Olympics. As spelling was taught this week, the children will need their log books in on Monday for their speed spell. Please remind children to also bring in their reading records signed 3 times. A maths recap sheet has been sent home, as well as a Science reasoning activity based on our Science experiment to test thermal conductivity last week.

Year 6: Year 6 have had a busy week getting used to their action-packed timetable! They had a very informative and interesting visit from Canon Chris on Thursday, who answered lots of their brilliant questions about the Creation story, Adam and Eve, the First Sin and how the world began. In English, they completed excellent non-chronological reports about a Water Pegasus and in Maths, they have learnt how to round numbers, how to calculate using negative numbers and how to solve problems involving addition and subtraction. In Science, they investigated whether the amount of voltage affects the brightness of bulbs in circuits and they also studied the weather, climate, fauna and flora in the Amazon Rainforest and compared these to what we have in Britain in Geography. They are looking forward to carrying out their own research about an Amazonian animal of their choice and writing a non-chronological report about this animal in English next week

Diary Dates—Autumn Term 1

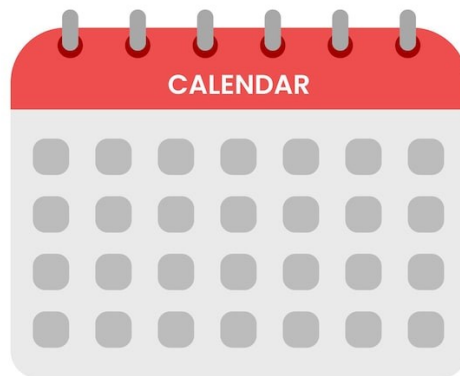
Macmillan Coffee Morning— Parents welcome	Friday, 25th September 2026 at 9.00am
Themed Lunch Day—”Space Day”—Parents to order lunch via School Grid as normal	Thursday, 1st October 2026
CENSUS Day— Please can all children attend school and be counted!	Thursday, 1st October 2026
INSET Day—no children in school	Friday, 2nd October 2026
Sports Crew Training — Selected Year 5 children only	Monday, 5th October 2026
Online Parents’ Evening	Wednesday, 7th October 2026
Online Parents’ Evening	Thursday, 8th October 2026
Year 6—PGL Residential	Monday, 12th October—Friday 16th October 2026
Drama Workshops—Years R, 1 and 2 (in school)	Monday, 12th October 2026
School Photographs (individual and sibling)	Monday, 19th October 2026
Half Term	Friday, 23rd October— Monday, 2nd November 2026 (7 school days off)
Second half of Autumn Term starts	Tuesday, 3rd November 2026



Future Diary Dates

If you wish to plan even further ahead than this current school year please subscribe to our school calendar on our website.

<https://www.stcuthberts.surrey.sch.uk/calendar/?calid=1&pid=10&viewid=1>



General School Reminders:

- **Morning drop off** = 8:40am—8:50am. Any children who arrive after 8:50am, must sign in via the office and will receive a late registration mark.
- **Afternoon collection** = 3:20pm. Please ensure children are collected promptly. Any children not collected by 3:30pm will be placed into after school club and full charges will apply.
- We are a nut & sesame free school. Please ensure all packed lunch items are free of these ingredients.
- Snacks should be fresh fruit or vegetables only.
- Parents are responsible for booking Breakfast & After School Club via Sco-pay. If you require an on the day booking, please call the school office.
- If you wish to cancel a booking for Breakfast or After School Club, this must be done by midnight the night before otherwise full charges apply. This is parental responsibility, the office will not cancel any bookings.
- School lunches should be booked via School Grid. If your child is off school poorly, parents must cancel lunches before 8am to avoid charges (junior lunches only).



School Grid—Themed Lunch Day

Please order via School Grid as normal.

A poster for 'Space Day' on 1st October. The background is a dark blue space with stars and a large moon. At the top, a green speech bubble contains the text 'Space Day' in large red letters and '1st October' in smaller blue letters. To the left of the text is a blueberry with a star on it and a ring around it, and to the right is an orange with a ring around it. Below the speech bubble, the menu is listed in bold black text, with 'Or' in red text between the two options. The background also features some dark blue circles on the left side.

Space Day
1st October

Space Ranger Pork Sausages
(in a beef casing)

Or

Veggie Voyager
Meat-Free Sausages

Served With
Crispy Chips, Baked Beans
& Tomato Sauce

Followed By
Moon Crater Waffles
& Chocolate Sauce

Xavier CET Creative Inclusion Challenge



CREATIVE INCLUSION CHALLENGE

WE ARE, WE BELONG



The "We are, We Belong" Creative Inclusion Challenge is a Xavier wide competition designed to encourage our young people to explore themes of equality, diversity, inclusion and belonging, through creative expression.

STUDENTS ARE INVITED TO PRODUCE ORIGINAL WORK THAT REFLECTS:



Respect
for others



Understanding
of different
identities and
experiences



Inclusion
within school
and society



Positive change
and student
voice

The competition promotes creativity, empathy, critical thinking, and community engagement while supporting personal development.

STUDENTS SHOULD CREATIVELY EXPLORE:

- ✓ What makes people feel included
- ✓ Celebrating differences
- ✓ Building on our inclusive schools and communities
- ✓ Advocacy and kindness
- ✓ Representation and identity

EXAMPLE COMPETITION BRIEF FOR STUDENTS

YOUR CHALLENGE

Create a piece of work that answers this question:

"What does belonging mean to you?"

You can use any creative format to:

- Share experiences
- Raise awareness
- Inspire change
- Celebrate identity
- Promote inclusion

Your work should encourage others to think differently and help create a more welcoming school community.

SUBMIT YOUR
ENTRY BY
**MONDAY
5TH OCTOBER**

"We Are, We Belong" invites students to use creativity to celebrate diversity, inspire inclusion.

Whether through art, film, poetry, music, or campaigning, every student has a voice that can help build a more welcoming and respectful school community.

COMPETITION CATEGORIES



ART & DESIGN

- Posters
- Paintings
- Digital artwork
- Photography



FILM & MEDIA

- Short films
- Social media campaigns
- Podcasts
- Animation
- Video essays



WRITING & SPOKEN WORD

- Poetry
- Short stories
- Speeches
- Articles
- Radio plays



PERFORMANCE

- Dance
- Drama
- Music
- Monologues



INNOVATION & CAMPAIGNING

ALL SCHOOL
YEARS WELCOME
TO ENTER



PRIMARY
Years 1-6



JUNIOR
Years 7-9



SENIOR
Years 10-13

Xavier CET Creative Inclusion Challenge



One of the great strengths of our Xavier family is the sense of welcome, care, and community that exists across our schools. At Xavier, we believe that every person is loved by God, created with dignity and purpose, and called to flourish. We want our schools to be places where every child and adult feels known, valued, and supported.

With this in mind, we are pleased to share the details of our Trust-wide **"We Are, We Belong" Creative Inclusion Challenge**, developed by our primary and secondary colleagues in our Belonging network. The competition invites children and young people to creatively explore the question:

"We are, We Belong"

Students are invited to produce original work that reflects:

- Respect for others
- Understanding of different identities and experiences
- Inclusion within school and society
- Positive change and student voice

Xavier CET Creative Inclusion Challenge

The competition promotes creativity, empathy, critical thinking, and community engagement while supporting personal development.

Students should creatively explore:

- What makes people feel included or excluded
- Celebrating differences
- Building on our inclusive schools and communities
- Advocacy and kindness
- Representation and identity

Example Competition Brief for Students: Your Challenge

Create a piece of work that answers this question:

“What does belonging mean to you?”

You can use any creative format to:

- Share experiences
- Raise awareness
- Inspire change
- Celebrate identity
- Promote inclusion

“We Are, We Belong” invites students to use creativity to celebrate diversity, inspire inclusion. Whether through art, film, poetry, music, or campaigning, every student has a voice that can help build a more welcoming and respectful school community.

Art & Design	Posters	Paintings	Digital Artwork	Film & Media
Podcasts	Animation	Video essays	Writing & Spoken Word	Poetry
Short stories	Speeches	Articles	Rap / spoken word	Drama
Innovation and Campaigning	Performance	Monologue	Music	Dance

Xavier CET Creative Inclusion Challenge

Entry Rules:

- Entries must be appropriate for a school audience
- AI-generated work must be declared if used
- All primary schools can submit their school finalist winner x 1 entry

Submission deadline 2nd October 2026

Please hand your entries into the School Office

Parish of Weybridge:



Download the latest newsletter here:

<https://poegham.wordpress.com/category/newsletters/>

CHILDREN'S LITURGY

Sun 20th Sept Children's Liturgy resumes during the 11am Mass. This group is open to children aged 3.5 to 7 years old. All children within this age range are welcome to join us as we explore the Gospel at a level suited to them.

FR CHRIS

Fr Chris is away on pilgrimage 25th September to 3rd October. We are very grateful to Fr Peter Andrews who will be providing supply.

SCHOOL SIF FORM SIGNING

Fr Chris will be available to sign school SIF forms in the parish office (in the Jurgens Centre) for secondary admissions only at this stage:

Thurs 15th 7:00 – 7:30pm

Tues 20th 4:00 – 4:30pm

Sat 24th 11:15 – 11:45am

He will be on a course just before the deadline for applications 27th – 29th October, so please mark a slot in your diary now, and just turn up (no prior booking). If needs be, he will of course stay on beyond the times given.

The Catholic Diocese of Arundel & Brighton |
01784 434280 |
chris.spain@abdiocese.org.uk | www.abdiocese.org.uk

Macmillan Coffee Morning
Friday 25th September 2026



Please join us as 8:40am in the Studio at school for our Macmillan Coffee Morning fundraiser.

Our wonderful PTA are hoping to run a 2nd hand uniform sale too!



PTA:



CALENDAR OF EVENTS

AUTUMN 2026

**9TH
SEP**

AGM

7PM IN THE SCHOOL HALL



**2ND
OCT**

INSET DAY FUN!

(TBC-WATCH THIS SPACE!)

**22ND
NOV**

CHRISTMAS FAIR

12-3PM IN THE SCHOOL

**1ST
DEC**

WINDSOR PANTO

7PM MORE DETAILS SOON!



**ST CUTHBERT'S SCHOOL
ASSOCIATION**



Autumn Term School Clubs:

All bookings, enquiries and payments should be made with the providers themselves.
Please see following pages for booking flyers.

A full club timetable can be found on our school website -

<https://www.stcuthberts.surrey.sch.uk/page/?title=Clubs+%26amp%3B+Activities&pid=48>



Autumn Term School Clubs:

****Brand New Homework Club****

Dear Parents and Carers,

I am writing to let you know about a new Homework Club I will be offering, open to all pupils at our school.

As an experienced Key Stage 2 teacher, I have worked with and supported children across all year groups up to and including Year 6. I will be on hand to provide friendly, knowledgeable guidance and support with home learning tasks. All necessary technology will be provided at the club, so children can complete their work fully equipped, without needing to arrange resources at home.

Club Details:

- Who: All pupils
- Where: Year 4 classroom
- When: Every Thursday, after school
- Finishing time: 4:20 pm (collection from the main KS1 gate)
- Dates: Thursday 24th September 2026 – Thursday 17th December 2026 (12 weeks in total)
- Price: £84 per child for the Autumn Term (£7 per session). Payable via Scopay. Childcare vouchers accepted.

This club is especially helpful for children who may find it tricky to complete home learning independently, or who benefit from a quiet, structured environment. It also means your child can get their work done at school, freeing up valuable time at home for rest, hobbies and family activities.

Important Information:

Places are limited due to space and will be allocated on a first come, first served basis. The club can accommodate 25 children in total.

If you would like your child to attend, please reply to this letter or contact the school office by Monday 21st September 2026 to reserve a place. Once all spots are filled, I will keep a waiting list and let you know if a place becomes available.

Please ensure your child is collected promptly at 4:20pm.

Thank you for your support.

Yours sincerely,

Mrs Collard
Year 4 Class Teacher



Wake Up Wednesday

10 Top Tips for Parents and Educators DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night. It's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



X @wake_up_weds



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@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.03.2024

Flyers:



Salesian School
Chertsey



Open Events

Admissions to Year 7 in 2027



Open Morning

- Wednesday 16th September ,Wednesday 23rd September, Tuesday 29th September
- Start time 8:45am finishing at 10am
- ***Please note that four bookings are not required***



Open Evening

- Thursday 1st October 5pm to 7:30pm



Scan for more school info!

Admissions to Year 12 in 2027



College Open Evening

- Thursday 10th September from 5 to 7:30pm



Scan for more sixth form info!

"Pupils flourish at this exceptional school"
- Ofsted 2024



✝ "Students articulate a strong sense of community which they explicitly link to the school's Catholic character".
- Diocese Report 2026

School Enquiries:
01932 582520 | admissions@salesian.surrey.sch.uk

College Enquiries:
01932 578681 | collegeadmissions@salesian.surrey.sch.uk

Flyers:



Shining Pandas Nursery

St Judes Church Hall, Kings Lane,
Englefield Green, TW20 0TZ

- High quality childcare for children aged 2 to 4 years
- Open from 8:30am - 5:30pm
- All funding accepted



ENROLL NOW!



+447864869612



shiningpandas17@gmail.com

Flyers:

FAMILY SUPPORT VOLUNTEERS NEEDED!

**CAN YOU SPARE 2-3 HOURS A WEEK
TO HELP A LOCAL FAMILY?**

We are looking to grow our team of volunteers who provide weekly practical and emotional support to families facing challenging times

Full training provided

Contact us today to
find out more:
www.homestartraw.org
info@homestartraw.org
01483 740367

**HOME
START**
Runnymede
& Woking

