



Weekly Newsletter
St Cuthbert's Catholic Primary School

Week ending 2nd October 2026



Dear All

Year 5 ventured out on a walk into Englefield Green on Wednesday to build on their knowledge of the local area.

We are holding online parents' evenings next week, giving parents the opportunity to discuss how your child has settled into this new academic year. Thank you for making the time for this important event.

Thank you so much to the CAF donations that have been coming in for our School Development Fund. We are so grateful for any support our families can give to help us to provide the best possible education for the children in our care. With school budgets being so tight, we appreciate every contribution!

In the parable of the tenant workers in the vineyard, Jesus teaches us about rejection and acceptance. In the coming week, the children will understand how we are called to respect Jesus, by listening to His message of love and sharing it with others.

Jesus said to them, "Have you never read in the Scriptures: 'The stone that the builders rejected has become the cornerstone; this was the Lord's doing, and it is marvellous in our eyes'?"

Matthew 21:42

Have a lovely weekend.

Mrs Rainbow
Headteacher

*"We are a Catholic community, living and learning in faith. Through the Gospel values of faith, hope, trust and love,
we aim to recognise individuality and enable each other to fulfil our potential"*

The Week That Was - KS1

EYFS: This week has been another busy and exciting week in Reception! In RE, we learnt that God invites us to join His family. We enjoyed talking about what happens during a Baptism and took part in a special role-play using white blankets, a candle, water and oil. The children loved acting out the different parts of the ceremony. We also wrote our own thank you prayers to God for inviting us into His family and created invitations to a Baptism. In English, we have been enjoying our focus story, The Little Red Hen. Using colourful semantics, the children worked hard to build sentences and re-tell familiar parts of the story. I have been impressed by their growing confidence in speaking and sentence building, and I am looking forward to continuing our work on this text next week. In Maths, we have been comparing groups to find which had more and fewer, using the conkers we have collected during our outdoor adventures. The children enjoyed using real objects to explore these important mathematical concepts. We have also spent lots of time learning outdoors this week, developing our gross motor skills through climbing, balancing, running and a range of physical challenges. It has been wonderful to see the children building their strength, coordination and confidence while having fun in the fresh air.

EYFS Learning:

The Little Red Hen vocabulary - hen, dog, cat, duck, farm, bread

QR codes for this week's Read Write Inc. sounds

c



k



u



b



Word time—blending:



The Week That Was - KS1

Year 1: In RE, Year 1 have been learning about the different ways that we can talk to God. The children went on a prayer hunt and behaved so beautifully and calmly. It was a real joy to watch! We are also beginning to learn the words of the Our Father together. In Maths, we have been exploring part-whole models and learning how these can help us to write number sentences. The children are becoming more confident at recognising the different parts that make up a whole. In English, we have been innovating the story of Beegu. The children have chosen a new alien called Digger! Please ask your child to describe Digger to you and see how many exciting adjectives they can remember. In Science, we have continued learning about different materials and their properties, thinking carefully about how we can describe and compare them. In Computing, we are continuing to explore a paint program and develop our computer skills. We have been especially impressed by the children's resilience when logging on to the computers independently. Well done, Year 1! We are so proud of the children's enthusiasm and growing independence. Keep up the good work, Year 1!

Year 2: Year 2 have been learning about how we can care for our common home. The children wrote poems about the world and all the things that they love about it. They created such lovely poems and spent lots of time working on them. In English they have been writing up their big writes, making sure to write as beautifully as they can, explaining how they make a pizza. In Maths we have been looking at fact families and recognising similar number sentences. The children loved Art this week, where they got to draw their own teddy bears which they took so much time and care into creating their piece of Art. In Geography the children explored what different winds were like and we created actions to go with them (you can ask them and see if they remember). The children have really focused hard this week and done such an amazing job! Well done Year 2!

The Week That Was - KS2

Year 3: This week in Year 3, we have enjoyed another busy week of creativity, teamwork and hands on learning! In RE, we explored Laudato Si' and thought about what it means to be good stewards of God's creation, creating our own posters to show how we can care for our common home and help restore our relationship with the world around us. In Science, we took our learning outdoors for a fantastic shadow investigation, using the Sun to observe how our shadows changed over time and drawing around them with chalk to record what we discovered. In Computing, we explored how computer networks work and even became a network ourselves, passing kind messages to one another to understand how information can travel from one point to another. In Art, we finally brought our prehistoric artwork to life with paint, bringing together all the skills we have developed so far, from our first animal sketches to creating a prehistoric colour palette and applying these carefully to our final pieces.

Year 4: This week, Year 4 completed their exciting adventure stories and finished our Place Value unit in Maths, ready to begin Addition and Subtraction next week. In RE, we continued learning about God's call to Abraham, while in RSE we explored the Parable of the Lost Son and how our decisions have consequences. In Geography, we enjoyed a virtual road trip along Route 66, identifying landmarks and human and physical features. In Science, we continued investigating changes of state and completed a mini experiment, and in Computing we developed our understanding of websites and networks. Well done to all the children for another fantastic week of learning!

The Week That Was - KS2

Year 5: In Year Five this week, the children looked closely at Jesus' summary of the law. They learnt that by loving their neighbour, the children are in turn showing that they love God. They do this through kind actions and words. In Maths, the class have had a good week of learning how to add 5 digit numbers using column addition. In English, the class have been planning and writing their own formal letters. The children were given free choice of who to write the letter to, based on our Guided Reading book - Rooftoppers. Geography was different this week as we embarked on a fieldwork trip around the local village. It was exciting to see the buildings and locations pointed out to us by our EGVRA visitor in the previous week, as well as see areas of the village that have been preserved in line with the history of the village. In Art, the class used carbon paper to transfer their portrait poem onto the background they created last week. Time was spent on reflecting on their learning and what they are proud of as well as what could be improved.

Year 6: Year 6 have been busy learning all about Pope Francis' encyclical, the *Lauda-to Si*, and how this links to the current environmental problems that we are facing in the world. They have also made links between this and our CST Value of Stewardship and the Second Creation Story in the book of Genesis about how sin damages relationships. In Maths, they have studied prime numbers, square numbers, cube numbers and have also practised the short and long multiplication written methods. In English, they worked very hard on publishing their brilliant Amazonian animal non-chronological reports in their Big Write books, and have started to learn about performance poetry. They had lots of fun participating in a whole-class performance of the poem 'Walking with my Iguana' by Brian Moses. In Geography, they compared the Amazonian city of Manaus to where they live, and they also looked at the life of a nomad and the tradition of 'shifting cultivation,' which takes place in the Amazon Rainforest. They discussed what 'pressure' is in RSE and enjoyed acting out different real-life scenarios involving pressure and the other groups decided whether they were acting out a spoken or unspoken example of pressure. It has been great to see Year 6 rise to their new learning challenges so far this year!

Diary Dates—Autumn Term 1

Sports Crew Training — Selected Year 5 children only Monday, 5th October 2026

Boys Football Match—Cup Game year 5/ 6 Monday 5th October 2026
Selected children parents have been emailed .

Online Parents' Evening Wednesday, 7th October 2026

Online Parents' Evening Thursday, 8th October 2026

World Mental Health Day—Wear something yellow (optional) Friday, 9th October 2026

Year 6—PGL Residential Monday, 12th October—Friday 16th October 2026

Drama Workshops—Years R, 1 and 2 (in school) Monday, 12th October 2026

School Photographs (individual and sibling) Monday, 19th October 2026

Half Term Friday, 23rd October— Monday, 2nd November 2026 (7 school days off)

Deadline for Year 7 secondary school applications Saturday, 31st November 2026

Second half of Autumn Term starts Tuesday, 3rd November 2026

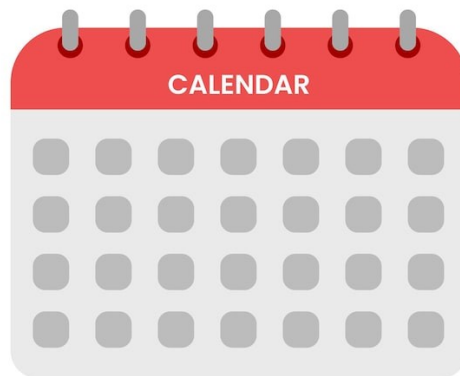
Year 6 Junior Citizen at Thorpe Park Wednesday, 4th November 2026



Future Diary Dates

If you wish to plan even further ahead than this current school year please subscribe to our school calendar on our website.

<https://www.stcuthberts.surrey.sch.uk/calendar/?calid=1&pid=10&viewid=1>



World Mental Health Day—Friday 9th October 2026



On **Friday 9th October**, we will be joining schools across the country in recognising World Mental Health Day. This special day helps us to raise awareness of mental health and wellbeing and encourages children and adults alike to talk openly about their feelings and seek support when needed.

To mark the occasion, we are inviting all pupils to wear something yellow to school on the day. Children may choose to:

- Wear a single yellow item, such as a t-shirt, jumper, socks, hair accessory or scarf.
- Come dressed in as much yellow as they would like.
- Wear their normal school uniform with a yellow accessory.

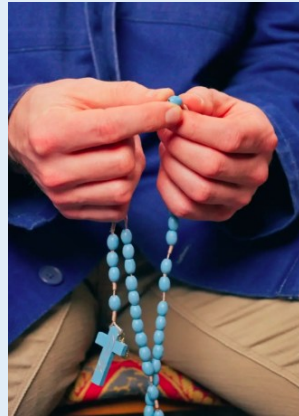
There is no expectation for families to purchase anything new. We simply encourage children to add a touch of yellow if they would like to take part. If your child usually has PE on a Friday, please ensure that your child wears safe, appropriate clothing and footwear. PE lessons will continue as normal, so we need to ensure all children are safe and able to participate fully in their lesson.

Throughout the day, pupils will have opportunities to learn about positive mental health, wellbeing, kindness and ways to support themselves and others.

Thank you for your support in helping us promote such an important message.

Month of the Rosary

In October, we celebrate the month of the Rosary.



Mark's Mission KS2 Rosary Challenge

All children are invited to pray in class with Rosary beads using the Mark's Mission challenge. You can join in at home if you wish, with the following link.

<https://www.themark10mission.co.uk/rosary-challenge>



Rosary Beads

Children are welcome to bring in their own Rosary beads from home, but please do bear in mind our rule of 'lost, broken, stolen' when it comes to bringing in items from home. In school, we do have enough Rosary beads for every child to use them.

Monday Prayers

On a Monday break time, children are encouraged by the prayer leaders to join in with a decade of the Rosary in the prayer garden.

Eco Warriors

The Eco Warriors are invited to have a spruce up of Our Lady's Prayer Garden to make it look nice and tidy for children to be able to focus and say their prayers.

Parish of Weybridge:



Download the latest newsletter here:

<https://poegham.wordpress.com/category/newsletters/>

FR CHRIS

Fr Chris remains on pilgrimage until 3rd October, and we are very grateful to Fr Peter Andrews for kindly providing supply during his absence.

SCHOOL SIF FORM SIGNING

Fr Chris will be available to sign school SIF forms in the parish office (in the Jurgens Centre) for **secondary admissions only** at this stage:

Thurs 15th Oct 4.30 – 5.00pm

Tues 20th Oct 7.00 – 7:30pm

Sat 24th Oct 11:15 – 11:45am

He will be on a course just before the deadline for applications **27th – 29th October**, so please mark a slot in your diary now, and just turn up (no prior booking). If needs be, he will of course stay on beyond the times given.

ANNUAL MASS COUNT

Currently we are taking the annual Mass Count at Saturday evening and Sunday Masses. We count weekly anyway, but these four are officially recorded and used for diocesan planning. Let us pray for a strong attendance.

The Catholic Diocese of Arundel & Brighton |
01784 434280 |
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Wake Up Wednesday

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing failure in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit worked-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, even if it's not immediately obvious. For example, if a child is stuck on homework, support them in breaking the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view mistakes as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Playdates or group activities can be instrumental in teaching children how to resolve conflicts with friends by modelling and practicing calm communication.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage those feelings more effectively. When a child is upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Giving children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with options but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them to manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practise this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, makes progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on a secondment one day a week for Minds Ahead, which works with schools on improving their mental health provisions.



#WakeUpWednesday

The National College

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Flyers:

fun palaces



Knitting
Mini comic books
Chess
Rhymetime
Crafts
Miniature Gardens
Junk Modelling
Sewing
Board Games
Plant a Seed
Crochet
Lego

Saturday 3rd October
Egham Library 10am-2pm

FREE workshops, crafts and activities
with talented locals from the community

Find out more:
egham.library@surreycc.gov.uk



#funpalaces
funpalaces.co.uk

SHARING SKILLS
CONNECTING COMMUNITIES
CREATING TINY REVOLUTIONS

Flyers:

October Holiday Activities

Bat Attack!

Tuesday 27th Oct

11am-12pm or 2-3pm

Ages 5-12, £4.00

Get ready for Halloween by making this 3-D flappy bat to hang up!

Frankenstein Heads

Thursday 29th Oct

11am-12pm or 2-3pm

Ages 5-12, £4.00

Turn a small box into a monster Frankenstein head to decorate your house!

BOOKING IS ESSENTIAL

<https://www.zeffy.com/en-GB/organizations/friends-of-chertsey-museum>

Or phone: 01932 565 764

All 5 year olds must be accompanied.



www.chertseymuseum.org/events
Call 01932 565764 to book your place

